

### Research on Integrating Excellent Family Traditions and Precepts Culture into College Students' Values Education: A Case Study of the "Three Su" Family Tradition

#### Yan Liu\*

Southwest University of Science and Technology, Mianyang 621000, Sichuan, China

\*Corresponding author: Yan Liu, weiyi9099@126.com

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Abstract: Family tradition is not only the core values and valuable spiritual wealth of the family but also the cognitive concept and cognitive orientation of the family members. Excellent family culture can also affect the growth of family members. This paper focuses on the "three Su" family tradition integration into the dilemma of college students' values education to explore and clear the important impact of this family tradition on college students' values education, and put forward the main path of integration of "three Su" family tradition and college students' values education, aiming to use excellent family culture to shape students' cognitive concepts, and promote college students to become outstanding builders and successors of the country. In the future development process, it can contribute its own strength to the realization of the "Chinese dream."

Keywords: Family tradition and family training; Values education; "Three Su" family style

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### 1. Introduction

Excellent family culture is the cultural treasure of the country after thousands of years, which embodies a large number of wisdom crystals, and is also the soul of the inheritance of excellent traditional culture, which not only contains the ancestors of family rules, family education, family customs and lessons and other rich philosophy and wisdom, but also plays a certain role in promoting talent training and spiritual breeding. "Three Su" family style culture is also the perfection of our sage culture, which includes a large number of cultural elements, as well as the crystallization of wisdom between families. "Three Su" family style can be condensed into five parts: "diligence, filial piety, loyalty, integrity, and propriety", on this basis, the construction of family style in the new period can be summarized as hard work, filial piety to the elders, caring for the country, incorruptible and polite to others <sup>[1]</sup>. College students inherit and

carry forward the "three Su" family tradition culture has an important value that cannot be ignored, which promotes the construction and development of socialist core values, and also creates a good atmosphere in the social scope. In this regard, in the stage of socialist development with Chinese characteristics, the "three Su" family culture and college students' values education will be effectively linked to help college students grow up healthily.

## 2. The difficulties of integrating the "Three Su" family culture into college students' values education

#### 2.1. There is a disconnect between family education and college students' values education

The development of the economy and the continuous progress of society have brought about great changes in the mode of economic rotation, which has a profound impact on the multi-subject structure of society and family <sup>[2]</sup>. The socialization and simplification of family functions have become the current trend, and the attention paid to family education will have a direct impact, such as students' weak cognitive concept of family and insufficient efficiency of family style construction. It can be divided into three categories. First, the acceleration of the pace of life and the rapid development of the social economy make the education field more inclined to the way of school education, and the role of family education cannot be fully played. In this case, teaching activities will be more in-depth, weakening the effectiveness of family education to some extent <sup>[3]</sup>. Second, the professional and social degree of the school is increasing, and the family's dependence on school education work can be constantly expanded. The school is committed to enhancing the cognitive foundation and practical ability of the students, aiming at cultivating the students into the compound talents urgently needed in the stage of social development, which will make the family education for the student's personal ability, ignoring the importance of family education for the student's personal ability, ignoring the importance of family education for the student's education and college students' values education cannot be effectively connected.

Based on this, the value education of college students cannot be separated from the self-restraint of students, the construction of school family style, and the guidance of education. Third, it requires knowledge accumulation and family attention to expand family-style construction activities in combination with the "three Su" family style. The integration of the "three Su" family style into the values education of college students has a very positive impact, but limited by family education's understanding of the construction of this family style, many families are unable to implement the "three Su" culture and hinder the important role of "three Su" family style in family construction.

## **2.2.** College students' values education and the "Three Su" family style cannot be effectively connected

First, due to the influence of utilitarian factors, many college students' value education is more inclined to cultivate talents and integrate classroom teaching activities. The student-oriented value education will make students contact with traditional culture in a relatively simple way, and the link of knowledge introduction is relatively static. In this regard, the essence of the "three Su" family tradition has always been unable to connect with the value education of college students. Closely focus on the values education activities of college students, actively invite schools, families, society, and other subjects to participate in it, and gradually build a more complete engineering system. As far as the current situation is concerned, the values education of college students is mostly carried out by schools, and the participation of families and society is less, which cannot be gathered into a joint force for educating students. Second, the inheritance and promotion of the "three Su" family tradition culture is restricted by different factors. As an important part of excellent traditional culture, students should understand the traditional cultural resources carried in the "three

Su" family style culture, and deepen their own accumulation and understanding of traditional cultural knowledge <sup>[4]</sup>. For example, how to explore the essence of Su Shi's family tradition from the ups and downs of his diet culture, poems, and eunuchs, select the essence and discard the dross, choose a more appropriate way to complete the interpretation, and inherit and carry forward among college students needs to spend a lot of time and energy. In addition, limited by the funds, resources, education platform, and education path of moral education in colleges and universities, the training of college students' family tradition and family training culture is obviously insufficient, which cannot stimulate students to take the initiative to participate in it and complete the expected goal of teaching activities. Therefore, the connection between the "three Su" family tradition culture and college students' values education is insufficient, and the efficiency of students' values education has not reached the expectation.

# **3.** The main path of integrating the "Three Su" family culture into college students' values education

#### 3.1. Giving full play to the role of the main position of education classroom

The learning career of college students is more concentrated in the school, and the setting of classroom activities can integrate the "three Su" family style into it and become the main position of education. First, it can condense the content of the "Three Su" family tradition culture and integrate it into the values education. Schools can explore the elements of ideological and political education from the "Three Su" family tradition, and integrate classic cases to guide students to feel the feelings of family and country and the cultural connotation. Educators can also explore the meaning of the family tradition from the poetry and background of "Three Su". Educators should not only pay attention to the famous aphorisms passed down by the family, but also explore the hidden spirit, refine such spirit, explore the practical significance of its existence, and give it the connotation of the new era. Based on criticism and promotion, centering on the core values of socialism as the main line, synthesizing the focus and characteristics of construction in the new period, selecting more practical content, and creating a more educational value of the "Three Su" family tradition culture<sup>[5]</sup>. This culture can be integrated into the course of Ideology, Morality, and Rule of Law, and the patriotic thoughts in the "Three Su" family tradition can be integrated into it. Students can also correctly understand the meaning of the implementation of the ideological and political curriculum with the help of this content, and understand the important value of the "Three Su" family tradition in the learning process, to improve the comprehensive quality of college students and finally realize the purpose of discipline education. Second, educators cannot ignore the training of professional teachers to improve the connotation of traditional culture and the level of education of teachers. Teachers need to accurately connect with the content related to this kind of knowledge, combined with the cultural charm, to understand the essence of family culture. Traditional cultural literacy is not strong among teachers, so they cannot improve its impact effectiveness in the classroom. To educate others, they must first learn this knowledge. They are not qualified to educate others if they have not learned it. Teachers should always maintain the good habit of lifelong learning, take the initiative to explore the cultural content related to the "three Su" family tradition, enhance their cultural cultivation, constantly explore the existing values and educational elements, improve the quality of classroom teaching, and stimulate students' interest in active participation<sup>[6]</sup>. Teachers should also set up certain teaching skills to enhance the attractiveness of classroom content. Third, the establishment of the "three Su" family culture classics reading club and reading club. Integrate the reading of classics into the value education of college students.

#### 3.2. Scientific setting of practical activities

The school should create a good learning and cultural atmosphere for students, and create different forms of campus

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cultural activities, combined with practical activities to promote the "three Su" family tradition. One is to set up "family style stories" to preach and organize language to discuss the stories of famous writers about family style and family training. For example, Mr. Chen Jiageng has a strong sense of family and country and also emphasizes that his children should not only plan for their personal lives but also strive for the country and the nation <sup>[7]</sup>. Loyal to the country, he took the initiative to devote himself to public welfare undertakings, established several schools in his hometown, and truly realized the concept of taking money from society and applying it to society. Chen Jiageng's words and deeds also affected every family member and made a positive impact on the construction of a good family atmosphere. This kind of spiritual inheritance can infect students, encourage students to establish a sense of identity in the learning process, and consciously practice the core values of socialism. The second is to set up a collection activity of "My family style and family training" to show the excellent family style and family training in real life. For example, the "Three Su" family style can be integrated into the practice class, the construction of the Three Su family style training system, and the practice of family style education guarantee. In addition, the school can also create a practical exchange platform to guide students to perceive the profound meaning of the "Three Su" family tradition from practical activities [8]. Such as building training bases inside and outside the school, visiting Three Su Temple, holding Three Su family style poetry recitation, "Three Su" family style art performance theme activities, etc., to improve students' cognition and understanding of this culture, and inherit the socialist core values in their future life and practice.

#### 3.3. Enhancing the communication between school and family

In addition to integrating the "three Su" family culture in the classroom and practical activities, colleges and universities should also pay attention to improving students' self-cognition and strengthening students' socialist core values, but also realize the interaction between schools and families in teaching activities, and promote family education to inherit and promote socialist core values <sup>[9]</sup>. On the one hand, educators cannot ignore the important role of "please come in", and actively invite parents to participate in campus construction and visit services, and understand the effectiveness of "three Su" cultural Settings with students. On the other hand, it can also continue the concept of "going out", actively integrate into the profound connotation of the "three Su" family tradition, complete the construction of socialist core values education, go deep into the community, and guide students to understand the "three Su" family culture <sup>[10]</sup>. Before, there is "Su Xun did not want to study when he was young, when he was 27 years old, he began to make up his mind to study hard, and later he even became a great writer." Su Xun in the twenty-seven years old installment reading story, after the end of the cloud tour guides children to read, and compiles the "Name two sons said" article, encourages Su Shi and Su Zhe to fight bravely, and indicates that the article creation must be promising and do, said or done must be true and effective. Students in the family should create a more harmonious learning atmosphere, the family space makes students interested in books, so that students can finish reading at any time and anywhere <sup>[14]</sup>. Students will enjoy reading and get more interesting knowledge from it. Parents cannot ignore the cultivation of students' reading habits, and play an exemplary role in leading students to fall in love with reading <sup>[11]</sup>. Students can also gradually develop good learning habits under the influence of family traditions so that they can cultivate their self-cultivation and take the initiative to make development plans<sup>[12]</sup>. Students can also maintain their temperament after entering society and then lay a solid foundation for the cultivation of socialist core values.

#### 4. Conclusion

To sum up, the inheritance and promotion of the "Three Su" family tradition is also a key part of inheriting an excellent traditional culture, which has a great impact on guiding college students to establish correct cognitive concepts and

cognitive orientation <sup>[13–14]</sup>. It is promising for colleges and universities to integrate the "Three Su" family tradition into college students' value education <sup>[15]</sup>. Whether from the aspects of theoretical training or practical application, it is necessary to explore the main path of the integration of the two and complete innovation and reform based on inheriting and promoting the "Three Su" family tradition, giving it new connotation and definition, and helping students grow up healthily.

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