

# A Practical Study on the Integration of Excellent Traditional Culture into Senior High School Class Management

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**Abstract:** With the continuous development of economic globalization, the inheritance and promotion of excellent traditional Chinese culture has become an important part of the current national development strategy. In this context, as an important place and carrier for cultivating outstanding talents in the new era, senior high school integrates traditional culture into class management has become an important direction for school development, which plays a positive role in promoting the development of the era and improving the comprehensive quality of students. Therefore, this paper mainly starts with the connotation and characteristics of traditional culture classics, in-depth analysis of the value of excellent traditional culture in class management work, and discusses the practice path of integrating excellent traditional culture into high school class management, and puts forward corresponding practice methods for student management work, which is only for the reference of relevant people.

**Keywords:** Traditional culture; Class management; Practice path

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## 1. Introduction

In the development process of high school classes, each individual student is a part of the class, and the class is a part of the whole school, so it can be seen that the management of high school class is an important premise to ensure the whole school environment. Under the background of carrying forward the traditional culture of the whole nation, the integration of excellent traditional culture into the practice of senior high school class management plays an important role in promoting the inheritance of traditional culture, and under the guidance of excellent culture, students' ideology, morality and cultural accomplishment will be imperceptibly improved. Thus, laying a realistic foundation for the subsequent training of excellent students with high quality. Students, as cultural inheritors and disseminators, can also assume the responsibility of carrying forward traditional culture and further carry forward traditional culture in the future.

## **2. The connotation and characteristics of traditional culture classics**

In the 5,000-year-long history of the Chinese nation, the cultural classics, famous historical texts and ancient poems that have been derived from them are splendid symbols of the Chinese civilization in time. In the day and night alternation of civilizations from generation to generation, the humanistic spirit and values contained in them have passed through the past and the future, and have been imprinted in the behavior of people of the present <sup>[1]</sup>. These classics, bearing profound historical deposits, show the Chinese nation's cognition and constant exploration of the world. They have integrated the enduring perception of life and national spirit into this stable and lasting carrier through writing and language, and have exerted a very favorable influence on later generations. They have subtly adjusted and constrained the way of thinking and behavior of the Chinese nation. Thus, a unique cultural symbol belonging to the Chinese nation has been formed in the long evolution <sup>[2]</sup>. Under the influence of this connotation, the traditional cultural classics have a very clear historical, revelatory and humanistic character. Historicity refers to the historicity of cultural classics. All kinds of classical poems and cultural books handed down from ancient times carry the historical memory and spirit of the Chinese nation. Revelatory means that these classics still have a high reference value for contemporary people, and some of the classics also have a high value and inspiration in educating people and can play a positive role in guiding people to solve problems, deal with people and understand the world <sup>[3]</sup>. Finally, in terms of humanity, most of the cultural classics involve various relations between people, between people and society, and between people and nature, and contain the ancient people's profound perception of life, the meaning of life and social development.

## **3. The value of excellent traditional culture in class management**

### **3.1. In line with the ideological and moral construction of high school classes**

In the process of class management in high school, ideological and moral construction is the main premise to promote class management. It has its unique education methods and effects in helping students establish a correct worldview, life and moral values, which cannot be replaced by other ways. Through the construction of ideological and moral education models related to traditional culture, students can be inspired to set up lofty ideals. Under the nourishment of excellent traditional culture, students can internalize the requirements of moral quality in culture and encourage themselves to standardize their behaviors constantly <sup>[4]</sup>. At the same time, the goal of ideological and moral construction of high school classes is also in line with this training mode. The role of traditional culture in it can deepen students' psychological impression and enable them to improve their ideological and moral construction.

### **3.2. Fit in with the construction of senior high school class management culture**

Excellent traditional Chinese culture has a high degree of compatibility with the construction of class culture in high school, which also shows the theoretical value of traditional culture in the field of education. It can be used as a relevant guide in the construction of class culture to help teachers further cultivate students' overall moral quality <sup>[5]</sup>. On the one hand, the excellent traditional Chinese culture contains very rich values of education, such as the Confucian "University" put forward self-cultivation, family harmony, state governance, and peace of the world, which elaborates based on students. The concepts of benevolence, honesty and respect for the old and teachers advocated by the ancients are also in line with the way of class management in high school, which can lay a solid foundation for the subsequent development of teaching management <sup>[6]</sup>. On the other hand, the traditional culture will also put more emphasis on the relationship between people and the construction of good

interpersonal relations, which is more in line with the requirements of collective honor and team spirit in the process of class culture construction. At the same time, in terms of personal cultivation and spiritual pursuit, excellent traditional culture also has the same requirements. It emphasizes that students' spiritual and moral cultivation should be guided and cultivated accordingly, which also plays a very positive role in shaping class cohesion.

### **3.3. Promote the personal growth and improvement of students in the class**

Integrating traditional culture into the practice of senior high school class management can increase the opportunities for students to have contact with traditional culture. The classical stories and poems contained therein will arouse students' interest and play a good role in promoting their humanistic quality and aesthetic taste. These cultural treasures can further stimulate students' imagination and creativity, and enable them to give play to their subjective consciousness when they are in contact with excellent traditional culture and related artistic works so that they can appreciate beauty and create beauty at the same time, to enrich their inner world and improve their personal comprehensive quality<sup>[7]</sup>. In addition, under the promotion of traditional culture, students can continue to learn life philosophy in practice, so that they can further understand the role of traditional culture in life and life, so that they can learn to live in harmony with others, which is wisdom and life philosophy will accompany them all their lives, so that they will gradually become the successor of socialism in the new era.

## **4. The analysis of the practice path of integrating excellent traditional culture into senior high school class management**

### **4.1. Optimize the curriculum content and improve cultural education**

In the development process of the current era, the inheritance of traditional culture needs to be combined with the development trend of modern society. In high school, the head teacher also needs to integrate and adjust the traditional culture and students' learning needs when carrying out class management activities, so that students can understand and inherit the corresponding traditional culture in their daily study and life. First of all, teachers need to adjust the current curriculum arrangement and set up special courses related to traditional culture for students, such as classic culture guides, traditional Chinese moral courses, traditional etiquette, and so on<sup>[8]</sup>. These courses can integrate the formation process and basic concepts of excellent traditional Chinese culture into the teaching, and some representative works can be integrated into the teaching process, to continuously cultivate students' core values and make them have a corresponding interest in learning traditional culture<sup>[9]</sup>.

Secondly, teachers of relevant courses also need to dig deep into the traditional cultural elements contained in the content of their courses. It is important to encourage teachers of all subjects to constantly enrich their curriculum content and combine it with traditional culture to continuously broaden students' learning and disciplinary vision and cultivate their interdisciplinary thinking ability. In addition, in the process of class management, teachers can also make full use of modern advanced scientific and technological means to develop a new type of traditional culture learning mode. For example, interactive learning videos can be set up through online learning platforms, and corresponding class management goals can be combined to guide students to learn. This kind of management can also make flexible use of students' spare time, and enable them to get new learning experiences in the heavy study, to improve the compliance and enthusiasm of teachers' class management work.

### **4.2. Teaching according to students' aptitude and carrying out personalized counseling**

For high school students, there are some differences in the individual learning progress and learning ability

among students, and if they want to integrate the excellent traditional Chinese culture into class management, teachers must recognize this feature, according to this situation, adopt the teaching management model of individualized teaching, and for some students with difficulties in learning, they must choose personalized tutoring<sup>[10]</sup>. In detail, for example, the learning foundation of some students is not solid enough or the relationship between other students is relatively weak, if you cannot timely find and help them to adjust, it is easy to make students conflict and weariness of learning psychology. Therefore, to help these students deal with the problems they encounter, teachers should provide psychological guidance and guide them to master the correct learning skills and methods. By integrating relevant contents of traditional culture, students' empathy can be further improved, and the use of relevant stories and ways of doing things in traditional culture can also make students easier to understand and accept. In this way, they can be better integrated into the collective and constantly improve their learning efficiency<sup>[11]</sup>. In addition, in the process of practice, teachers can also dig deeply into students' interests and strengths, and design personalized tutoring programs with traditional cultural elements according to these contents. For example, when facing students who like literature, teachers can lead them to read traditional classics such as the Analects of Confucius and the Records of the Grand Historian. Through in-depth analysis of the stories and principles contained in them, teachers can help them further understand the relationship between people, so that they can improve their empathy and interpersonal skills at the same time. They can also continuously improve their comprehensive personal qualities<sup>[12]</sup>. For students who are interested in history, teachers can integrate the historical events and deeds they have learned into the explanation of traditional culture, and tell them the wisdom and philosophy of traditional culture to stimulate their enthusiasm for learning.

### **4.3. Create a people-oriented atmosphere and integrate into the traditional culture**

Class atmosphere is an important prerequisite to ensure the smooth progress of class management. Adhering to the concept of people-oriented education is also a very important education policy in current senior high school education, and combining traditional cultures can further exert the educational functions of the two. On the one hand, the excellent traditional Chinese culture has elaboration the concept of "people-oriented" education, so integrating this concept into the process of class management can help students establish and carry out various activities independently so that they can realize the uniqueness of traditional culture in the process of organizing activities and class management, to realize the comprehensive development of students. At present, most senior high school class activities are arranged by teachers and schools in a unified manner, which does not fully take into account the subjective wishes of students in the class and is somewhat mandatory. In addition, the development of relevant activities will put more emphasis on the competition between classes, which is easy to cause students to have a sense of utility and comparison with each other, which will harm their subsequent development<sup>[13]</sup>. Therefore, teachers need to realize the irrationality of this phenomenon, integrate the people-oriented concept, listen more to students' ideas and understand their needs, and design class activities that are more in line with students' wishes on this basis. Such activities can not only enhance students' sense of participation but also enable them to better understand and experience the essence of fine traditional Chinese culture in practice.

### **4.4. Adopt new science and technology to deepen cultural awareness**

With the continuous development of information technology, digital and intelligent tools have gradually entered the field of education, and become more popular in the continuous promotion and use, which can bring new ways and means for senior middle school class management. These new types of science and technology can provide



a certain convenience for the classroom and can allow them to integrate the excellent traditional culture into the class management methods to be adopted to continuously deepen the student's knowledge and understanding of culture and cultivate their cultural self-confidence. For example, teachers can use multimedia teaching equipment and virtual reality technology to display pictures, audio and video materials related to traditional culture to make abstract culture more vivid and interesting<sup>[14]</sup>. For example, teachers can make use of video media that can attract students' interest when carrying out themed class meetings. By showing students videos related to the Red Army's Long March, they can guide students to feel the spirit of the Long March contained therein to cultivate their spirit of bravery and courage so that they can further improve their overall moral cultivation in the future development process.

#### **4.5. Improve teachers' moral cultivation and insist on setting an example**

Judging from the stories of Confucius teaching students, Confucius showed high attains in "rites, music, shooting, imperial books, and numbers," and he also put forward the teaching concepts of "not ashamed to ask" and "three people must have our teacher," which showed the future generations what is rigorous learning. On this basis, teachers must improve their overall moral cultivation and teaching management level, assume the task of student managers and mentors, become a model of learning for students, and play the corresponding role of example, so that students can constantly improve their behavior mode under the guidance of teachers, imperceptibly improve their comprehensive quality, and teach them how to be a man<sup>[15]</sup>. However, when students already have their reference model and learning benchmark, they will unconsciously follow the example in their daily study, life and behavior mode. In addition, when carrying out class management activities, teachers should also strive to establish a harmonious and efficient teacher-student relationship with students, and promote the smooth development of daily activities of class management on the basis of mutual respect and understanding. This relatively relaxed teacher-student relationship can also promote the improvement of students' ideological and moral cultivation to a certain extent. In this way, through continuous exploration and practice, teachers can contribute to the cultivation of socialist builders and successors with comprehensive development of morality, intelligence, physical fitness, the United States and labor.

### **5. Conclusion**

In short, with the continuous development of the era, the role that the educational value of excellent traditional culture can play in the field of education is gradually expanding, and the integration of corresponding traditional culture in high school class management will also play a positive role in the future growth of students. By optimizing the relevant curriculum settings and teaching forms, teachers can integrate traditional culture into the whole learning process of students. At the same time, combining the methods of individualized teaching and personalized teaching can improve the comprehensive quality of students to the greatest extent and lay a foundation for the subsequent development of students. While improving the moral cultivation of students, it can also improve the overall management level of high school classes and promote the further development of the education field.

### **Disclosure statement**

The author declares no conflict of interest.

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