

Research on the Education System Construction of College Sports Volleyball Curriculum from the Perspective of “Curriculum Ideology and Politics”

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Abstract: With the deepening of education reform, the teaching work of college sports volleyball courses needs to be further optimized and perfected. Teachers should actively integrate the spirit of women’s volleyball into the teaching inside and outside the class to form an integrated volleyball education system. In particular, teachers should pay attention to the scientific and practical effect of volleyball teaching in class to ensure that students master basic volleyball skills and theoretical knowledge. After class, volleyball competitions, volleyball carnivals and other related activities can be held to create a strong volleyball cultural atmosphere and enhance students’ interest and participation in volleyball. Through such integrated teaching inside and outside class, it can effectively improve students’ volleyball level, students can cultivate their spirit of unity and cooperation and sense of competition and lay a solid foundation for cultivating socialist builders and successors with all-round development of morality, intelligence, physical fitness, the United States and labor. Because of this, this article will analyze the construction of the college sports volleyball curriculum education system from the perspective of “curriculum ideology and politics” and put forward some strategies.

Keywords: Curriculum thought and politics; Colleges and universities; Sports; Volleyball lessons

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1. Introduction

Curriculum thinking and politics is a popular educational ideas in China at present. The spirit of the women’s volleyball team is the main guide of volleyball course thinking and politics. It plays a great role in promoting the reform and optimization of college sports volleyball course teaching and can realize the further optimization of the traditional sports volleyball course education system ^[1]. When constructing the education system of college sports volleyball courses from the perspective of ideological and political curriculum, teachers should actively explore the ideological and political elements contained therein. While helping college students master

the knowledge and skills of the course, teachers should make the ideological and political concepts have an impact on college students, so that they can inextricably establish a correct outlook on life values and moral values, pointing out the direction for their future development. Sports volleyball courses and ideological and political education are very important teaching content in the college stage. Through the teaching work of sports volleyball courses, teachers can guide college students to master more knowledge and skills of sports volleyball courses and promote the formation of a more perfect and firm character quality, which has an important role in promoting the shaping of college students' personality ^[2]. The content of the sports volleyball course has certain antagonistic, competitive and cultural characteristics, which also provides favorable support for the integration and penetration of ideological and political education in the course.

2. The significance of college sports volleyball curriculum education system construction

2.1. It is conducive to the construction of a powerful country in education

Volleyball courses in colleges and universities not only have multiple educational attributes such as honing students' will, strengthening students' physique, shaping students' character and changing students' spiritual outlook, but also contain rich ideological and political education resources ^[9]. It can be said that sports is an important way to carry out ideological and political education in colleges and universities, and also a key carrier to spread socialist core values.

In the course of volleyball teaching, whether it is a fierce competition activity or daily training, students need to show tenacious struggle, perseverance and collective teamwork consciousness, which is often difficult to cultivate in other disciplines ^[9]. Therefore, actively promoting the deep integration of ideological and political education in college volleyball teaching is of great significance for improving the reform effect of physical education and helping students to establish correct values and world outlook.

2.2. It is conducive to the realization of sports power

As an important part of the development of sports in China, the teaching of volleyball courses in colleges and universities should closely follow the strategy of sports power and deeply expand its connotation construction under the background of the new era. In this process, teachers should actively explore the effective path of the combination of recessive education and explicit education, to promote the deep integration of ideological and political education in the volleyball curriculum, and then continuously improve the overall quality of talent training ^[10]. Therefore, deepening the reform of volleyball teaching in colleges and universities can not only help to consolidate the educational foundation of the development of China's sports cause but also promote the all-round development of sports reserve talents in patriotic feelings, political accomplishment and value concepts, to contribute solid strength to the realization of China's sports power dream.

2.3. Improve the value of discipline education

In the past long years, people generally have a certain one-sidedness in the understanding of the educational value of college volleyball courses. People often regard volleyball courses as only an "entertainment" subject for strengthening the body, but they fail to realize its unique humanistic education value. Under the constraint of this concept, the education effect of volleyball courses in colleges and universities is not satisfactory, and the humanistic quality education value of sports discipline is difficult to effectively reflect ^[11]. Therefore,

teachers should actively promote the construction of sports ideological and political education in colleges and universities, which not only helps to promote the overall development of college students and improve their comprehensive quality but also helps to promote the modernization process of this discipline and realize the deep integration of physical education and ideological and political education. This measure is of great significance to the growth of college students and the prosperity and development of this discipline.

3. Existing problems in the teaching of college sports volleyball

3.1. Rationality of curriculum design

Volleyball is an important course content of college sports. Teachers attach importance to the ideological and political elements in the course design, which will lead to some problems in the course design of sports volleyball, and have a great impact on the construction of the later sports volleyball course system ^[3]. Many teachers pay too much attention to the training of college students' volleyball skills and curriculum theoretical knowledge while ignoring the exploration of ideological and political elements and moral qualities in the sports volleyball curriculum, which hinders the integration of ideological and political elements in the curriculum ^[4]. Due to some problems in the design of the sports volleyball curriculum from the ideological and political perspective of the curriculum, it is difficult for teachers to combine the teaching goal of sports volleyball with the ideological and political goal to analyze. As a result, college students are prone to master the knowledge of the sports volleyball curriculum, but the overall ideological and political quality is insufficient, which hinders comprehensive development.

3.2. Comprehensive content arrangement

At this stage, the teaching content of many sports volleyball courses is mostly from the theoretical level. When teachers start the construction of the sports volleyball curriculum system, they lack the introduction and expansion of high-quality elements, the digging of ideological and political elements in sports volleyball courses is not deep enough, and the overall educational content is not updated enough ^[5]. In form, some teachers often use indoctrination when teaching sports volleyball courses. As a result, college students rarely take the initiative to participate in the knowledge exploration of sports volleyball courses, and even some college students will conflict and resist, which greatly affects the effect of the construction of sports volleyball curriculum system from the ideological and political perspective of the curriculum, hindering the improvement of teaching quality.

3.3. Ideological and political education ability

Teachers are the key forces in promoting the application of ideological and political education in the teaching of sports volleyball in colleges and universities, and the level of their ideological and political education ability is directly related to the overall improvement of teaching quality. However, at present, many teachers in colleges and universities have shortcomings in ideological and political education ability, especially some teachers who lack of volleyball professional background knowledge, which to a large extent restricts the possibility of their effective integration of ideological and political education in teaching ^[6]. At the same time, college students are facing an increasingly severe employment situation, which makes them more inclined to devote their time and energy to the study of professional knowledge, and relatively ignore the ideological and political elements contained in the curriculum. This tendency has undoubtedly become one of the important factors that hinder the deep implementation of ideological and political education in volleyball course teaching.

3.4. Perfection of evaluation system

As an important means to measure the achievement of education, teaching evaluation is of great significance in promoting the integration of the volleyball curriculum and ideological and political education ^[8]. However, at present, when evaluating the teaching effect of volleyball courses, many teachers tend to focus on the assessment of students' mastery of theoretical knowledge and the evaluation mode is mostly based on examination, and the comprehensive quality of students' innovation ability, professionalism and team accomplishment is lacking.

In the process of volleyball course knowledge learning, college students should take the initiative to innovate the education model, and there are shortcomings in the introduction of high-quality auxiliary resources and diversified teaching forms. This phenomenon greatly restricts the effective integration and play of ideological and political education in volleyball course and seriously hinders the improvement of the education effect ^[7]. At the same time, due to the single teaching mode, college students are easy to get tired of volleyball courses and lack learning initiative, which affects their education effect.

4. Construction strategies of college sports volleyball curriculum education system

4.1. Enrich volleyball teaching programs and introduce multiple ideological and political elements

In the college volleyball curriculum system, there are a series of colorful teaching projects. These items not only have various forms and connotations but also are the key carriers to promoting the deep integration of ideological and political elements in volleyball course teaching. Therefore, when constructing the education system of college sports volleyball courses under the background of ideological and political curriculum, college teachers should closely combine the characteristics of the volleyball course teaching project and dig deeply into its ideological and political education resources of "women's volleyball spirit." At the same time, they should fully consider the current interest tendencies and learning rules of college students, skillfully integrate these ideological and political connotations into the teaching, so that college students can gain more growth and enlightenment in a relaxed and pleasant learning atmosphere, and develop a lifelong sports consciousness.

Taking the story of the volleyball competition as an example, when constructing the education system, colleges can select some representative volleyball events, volleyball celebrities, etc., and tell inspirational stories and spiritual connotations to college students ^[12]. These vivid stories, guide college students to deeply understand the face of difficulties and challenges, should uphold the spirit of perseverance, never give up, and show the indomitable struggle of courage and perseverance. This not only helps to improve the ideological and political quality of college students, but also stimulates their enthusiasm and motivation for learning, and promotes their all-round development.

4.2. Strengthen the cognition of ideological and political ideas by combining the teaching of accidental events

Competition, confrontation and challenge are the distinctive characteristics and unique charm of sports. Generally speaking, when college students deal with these contingencies, their ways of dealing with them also show diversity. For example, after falling, some students can get up quickly and get back into training, showing perseverance. While some students may withdraw from the fall and need the teacher's guidance and

encouragement^[13]. Similarly, in the volleyball game, when there is a confrontation, some students can quickly adjust their emotions, and re-enter the game, showing good psychological quality; While some students may be out of control, and even exhibit extreme behavior, at this time the teacher's timely intervention and ideological and political education is particularly important.

4.3. Carry out teaching around competition to promote the implementation of ideological and political quality

From the perspective of curriculum ideology and politics, when constructing the education system of college sports volleyball course, teachers must closely combine the competition activities, and deepen the connotation of ideological and political education, so that college students can deeply understand the humanistic quality education spirit contained in it, and lay a solid foundation for shaping their excellent quality and forming good sports habits. Further guide college students to establish collective consciousness, and know ways to timely support and help teammates in the game. Make volleyball activities more ideological and political color, and realize the organic combination of volleyball and ideological and political education^[14].

First of all, teachers should fully consider the interests of college students, basic ability and other factors, follow the principle of different groups of homogeneity, and organize different types of volleyball activities, such as: volleyball games, with classes, departments and regions; volleyball carnival, volleyball exhibition, volleyball referees, volleyball knowledge questions and answers, etc., to help students better understand volleyball, enhance their interest in volleyball learning.

4.4. Optimize the teaching evaluation system to ensure the effectiveness of volleyball education

After many teachings and practice verification, teachers know that to ensure the effectiveness of volleyball teaching, teachers must exert great importance and do a solid job in teaching evaluation. This is of great significance to deepen students' cognition, improve their ability and develop their all-round quality^[15]. However, looking at the current status of volleyball teaching, it is not difficult to find that the previous teaching evaluation mostly focused on the achievements or results of skill training and some teachers could conduct in-depth evaluation of physical education from the height of ideological and political education. This tendency is not conducive to the effective implementation of ideological and political education.

Because of this, volleyball teachers in colleges and universities must reform the existing teaching evaluation system to lay a solid foundation for the in-depth promotion of ideological and political education. Specifically, teachers can further enrich the volleyball teaching evaluation standards, based on the original skills training results and performance evaluation, and actively introduce classroom discipline, rules and team consciousness, cooperation spirit, courage to challenge the quality of sports ethics and other multi-dimensional evaluation standards.

5. Summary

In short, it is important to improve the construction of the college volleyball curriculum education system under the ideological and political perspective of curriculum, introducing multiple ideological and political elements from enriching volleyball teaching and group competitions. Besides, the construction of the college volleyball curriculum education system can be improved under the ideological and political perspective of the curriculum,

combined with the teaching of accidental events, strengthening the spirit of women's volleyball, and ideological and political concept cognition. Teachers should improve the construction of the college volleyball curriculum education system under the ideological and political perspective of the curriculum, carry out diversified campus volleyball activities, encourage students to participate in volleyball activities in different capacities and promote the implementation of ideological and political quality. The teaching evaluation system can also be optimized to ensure the actual effect of sports education and other aspects of analysis, to virtually promote the construction of college sports volleyball curriculum education system under the ideological and political perspective to a new height.

Disclosure statement

The authors declare no conflict of interest.

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