

Exploration of the Integration Strategy of Course Ideology and Politics in Dance Courses in Universities

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Abstract: In dance courses in universities, it is possible to appropriately integrate ideological and political content, which is of great benefit to improving students' moral qualities and artistic cultivation. So, every teacher should have a correct attitude towards how to properly introduce these basic concepts into the classroom and explore how to better implement this kind of thinking participation in teaching activities based on the characteristics of university disciplines. This article conducts in-depth research on current dance courses in universities and proposes some targeted solutions on this topic, with the aim of enabling professional teachers to more effectively utilize optimized resources and promote the effective improvement of teaching quality in professional courses.

Keywords: Course ideological and political education; Universities; Dance courses

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1. Introduction

With new environments and challenges, it is necessary to integrate ideological and political concepts into dance education while emphasizing ways to use professional dance knowledge to carry out classroom teaching tasks. In this regard, it is necessary to place quality education in an important position in education, expand the content of dance courses within the school from time to time, facilitate the improvement of national physical literacy and solidify the cultural foundation at this stage, so that students can adapt to the social environment and job practice in advance, contribute to the development of national construction and promote students to establish correct values. In the actual teaching process of the classroom, quality education should be the main focus, promoting the close integration of quality education and dance classroom teaching, in order to promote the comprehensive and healthy development of students.

2. The concept and value positioning of ideological and political education in higher education curriculum

2.1. Definition of concepts related to course ideology and politics

Actively building a unique and systematic teaching system can achieve a perfect integration of subject content and ideological and political education, and on this basis, practice the optimized education concept of talent conduct, which is also the key to implementing curriculum ideological and political education. The basic connotation of ideological and political education in the curriculum is as follows: the teaching form of ideological and political education in the curriculum is expanded around the overall pattern, aiming to integrate different subject contents and ideological and political theoretical knowledge, jointly form a synergistic effect and implement the fundamental task of cultivating morality and talents ^[1]. The main form of its formation is composed of various elements of ideological and political theory, including the pursuit of ideological and moral cultivation, political discipline theoretical knowledge, values and orientations and its integration into subject teaching activities has achieved a silent educational effect, affecting the ideological consciousness and behavior of school teachers and students.

2.2. The value positioning of ideological and political education in higher education curriculum

The curriculum of ideological and political education is an educational philosophy. Based on new teaching concepts and models, some researchers are exploring how to carry out ideological and political education in universities through the use of ideological and political courses ^[2]. They pointed out that curriculum ideological and political education is a new concept and method of ideological and political education in higher education institutions. It is based on the basic construction of disciplines and majors, focuses on cultivating people, integrates it into teaching, and reflects values. The aim is to use various types of courses to enhance students' comprehensive abilities in thinking ability, political consciousness, moral cultivation and cultural quality ^[3].

The importance of integrating ideological and political education into dance courses in universities:

(1) Meeting the practical needs of disciplinary development

In the new era of educational environment, dance training in universities needs to reach higher standards. In addition to teaching exquisite professional skills, it is also necessary to focus on improving students' emotional appreciation ability, deepening their thinking quality and enhancing their connotation. In the process of enabling students to learn basic knowledge and techniques related to dance, they can also gain spiritual training and personality shaping ^[4]. However, many universities have not fully realized the importance of integrating values into professional courses due to the excessive emphasis on technology education and the neglect of human care for a long time. This is not only to adapt to the changing demands of the art field in current society but also to guide college students to establish a correct way of life in the context of modernization, thereby cultivating a noble moral spirit and humanistic temperament.

(2) Meeting the growth needs of students majoring in dance

In universities, the teaching goal of dance is to meet the needs of professional growth in the field and positively impact it to improve the mental and moral character of students in the development process and ultimately become talents who can contribute to the country and community ^[5]. Therefore, as a specialized educational venue, universities have an inescapable responsibility to integrate ideological and political elements into dance learning to assist them in shaping good moral concepts.

(3) Meeting the development needs of modern society

With the progress of modern society, the demand for higher education is also constantly increasing. By

integrating ideological and political concepts into the teaching process of dance subjects in universities, educators can not only meet the social needs of the new era but also cultivate a new generation of socialist inheritors with independent thinking ability, good moral character and excellent qualities. At the same time, it can also provide the necessary talents for the prosperity of our nation. Therefore, dance teachers should always pay attention to the changes in the social needs of the country, deeply understand the psychological and physiological characteristics of students, formulate corresponding strategies to exercise their willpower, enhance their thinking perseverance, and encourage them to make positive contributions to the modernization process of our country after they enter society.

2.3. Analysis of the current situation of ideological and political courses in dance courses in universities

2.3.1. Investigation on the integration of ideological and political education into dance education in universities

For classroom training on dance-related content, teaching activities continue the traditional teacher-centered education model and students can only passively receive various types of knowledge. Most dance schools have teachers create their own subject lesson plans and examples, but due to the influence of traditional educational concepts and subject faculty, many students are unable to engage in subject learning actively. They believe that such courses are relatively monotonous and time-consuming and the disadvantages outweigh the benefits ^[6]. In this regard, teaching activities in dance majors can be appropriately integrated with ideological and political education content.

2.3.2. The manifestation of integrating ideological and political education into dance education in universities

College dance education aims to solidify the foundation of student learning, mostly manifested through dancing and this sport requires the integration of the two. So, in order for the Academy of Fine Arts to become an institution with a high level of professional expertise and a strong theoretical foundation, it needs a group of high-level talents to strengthen the understanding of ideological and political education. To the present day, various universities in China have added relevant courses and corresponding elements to the education system. Dance education in universities has become a compulsory course, which not only has artistic, historical, contemporary, and ideological qualities, but also has educational value in moral, aesthetic, and intellectual education for students. In order to achieve the task and responsibility of moral education in universities, a moral education system with moral education as the core has been creatively constructed with “3-34-4” as the core. Its main content is cultivating dance appreciation based on basic movements regarding dance techniques and expressions ^[7]. In universities, combining ideological and political education with dance courses can help students better learn and apply the knowledge and skills they have learned and improve their overall quality and professional competence ^[8].

3. The integration strategy of ideological and political education in dance courses in universities

3.1. Strengthen the attention to ideological and political education in the curriculum

Firstly, in order to fully emphasize and receive sufficient attention to the moral values in the curriculum, teachers must create good educational and teaching conditions to promote the infiltration and influence of this education. This means that teachers need to create a special political and cultural atmosphere to cultivate dance

students and provide necessary guidance in their future growth process. Secondly, all university administrators should update their management concepts ^[9]. In addition, it is necessary to strengthen the supervision of students, not only by cleverly incorporating ethical content into the traditional 50-minute teaching time to convey relevant knowledge points and their important significance to students. By holding a series of targeted thematic lectures or practical operations, teachers can guide students to voluntarily participate in social welfare undertakings, thereby achieving the goal of self-exercise and further stimulating everyone's patriotism and national pride ^[10].

3.2. Clarify the objectives of ideological and political education in the course

In the teaching process of dance subjects in universities, it is necessary to clearly set the educational objectives of ideological and political education in the curriculum and have teachers evaluate the expected teaching results to strengthen students' foundation skills. When designing teaching objectives, dance teachers in universities should integrate the concept of ideological and political education for in-depth exploration, appropriately combine knowledge structure with social and political education so that students can absorb ideological and political content from a professional perspective, gradually be influenced by the curriculum ideological and political system, construct more scientific learning objectives, and cultivate good comprehensive literacy and emotional experience in the learning process ^[11]. It has a significant impact on the values and orientations of students and is also a central link in talent cultivation. By closely integrating ideological and political content with professional knowledge, students can improve their personal personality, continuously promote various levels of thinking depth and actively engage in learning activities, independently receiving education from professional knowledge and ideological and political concepts. Regarding the content of subject education, teachers should actively encourage students to learn about the development history related to cultural connotations, stimulate students to perceive the profound connotations of culture and comprehensively understand the necessity of cultural inheritance, clarifying this emotional goal. In the process of professional course practice, it is necessary to integrate the cultivation of national self-confidence and national consciousness. Teachers should provide more comprehensive guidance for teaching activities so that students can deeply understand the content learned in the classroom and, in the learning process, understand patriotism, gradually establish noble professional ethics and thus be improving the spiritual level ^[12].

Usually, dance students in universities have a rich practical experience, which enables them to deeply understand the attraction brought by performing arts, which greatly enhances personal experience and social cognition. In this process, professional course teachers need to actively intervene and assist them in carrying out basic work, so they should seize the opportunity to moderately add some moral education elements, which can invisibly affect the thinking mode of students and enhance their moral awareness.

3.3. Strengthening the construction of teaching staff in universities

As the main battlefield for talent cultivation, universities must possess excellent dance skills, excellent moral qualities, and always maintain the correct direction of progress. However, the strength of the education team in the dance discipline has a crucial impact on the values of its teaching content. Therefore, it is necessary to strengthen the school's teaching staff to integrate values into dance subjects in universities effectively. Firstly, teachers of dance subjects should exert great importance to how to integrate values into academic content, ensuring that their intrinsic and external performance meet the standards ^[13]. They should self-learn these concepts to improve their moral standards and enhance their sense of professional responsibility and personal spiritual pursuit before deeply recognizing the importance of incorporating values into dance classes. Secondly,

instructors of dance subjects should conduct in-depth research and comprehend the core idea of “Education as the foundation,” and apply it to specific classroom teaching activities to enhance their thinking ability and professional character, and actively promote the implementation of classroom teaching activities. Thirdly, instructors of dance subjects should read various types of books and magazines as much as possible in their spare time to enhance their knowledge reserves and cultural heritage. Teachers need to set goals for each stage according to the situation to comprehensively improve spiritual quality, demonstrate the correct development direction to students and provide them with strong guidance.

3.4. Standardize the management of ideological and political education in courses

In order to integrate the ideological and political concepts of the curriculum into the dance discipline of universities, active cooperation from various departments such as the Ministry of Education, school party organizations, senior leaders and all faculty members is needed to promote the standardization process of ideological and political education in the curriculum through the formulation of appropriate policies ^[14]. At the same time, teachers should attach great importance to the psychological health and physical development needs of students, adjust the content design of ideological and political courses according to the requirements of modern society’s progress, allocate ideological and political education resources reasonably and select educational materials that help cultivate students’ excellent moral character.

3.5. Optimize the ideological and political education environment in the curriculum

In order to integrate ideological and political education into the dance discipline of universities, it is necessary to improve the atmosphere of ideological and political education in universities. Firstly, it is necessary to enhance dance majors’ sense of responsibility and task awareness, strengthen their ideological and political concepts and correct their misunderstandings and misunderstandings about ideological and political education in the curriculum ^[15]. Secondly, in the teaching activities of dance discipline, teachers play a major role in guiding and teaching. They are important partners for universities to achieve educational and teaching goals. Universities can integrate the cultivation of their moral qualities into the teacher training system, with a special emphasis on the ideological and political education concepts of teachers, enhance their skills in curriculum ideological and political education and build an excellent environment for curriculum ideological and political education.

4. Epilogue

In summary, the scientific and effective integration of educational models into dance classrooms is a joint effort of schools, teachers, and students. Not only can it enhance students’ aesthetic ability, cultivate their innovative consciousness and spirit, and effectively exercise their practical abilities, it can also enhance the professional competence level of teachers themselves. Universities should continue to pay attention to education and teaching reform, focusing on promoting the healthy development of students. Universities should integrate ideological and political courses with dance courses, making them a new model of teaching work and improving classroom teaching effectiveness.

Disclosure statement

The author declares no conflict of interest.

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