

Study Style Construction Path of College Students under the Background of "Five education"

Min Song*

Guangdong Medical University, Dongguan 523808, Guangdong, China

*Author to whom correspondence should be addressed.

Copyright: © 2025 Author(s). This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY 4.0), permitting distribution and reproduction in any medium, provided the original work is cited.

Abstract: "Five education" is a new education concept in recent years. It is a guide for the development and construction of higher education in the right direction and provides new ideas and directions for the construction of college students' study. Further to the exploration of related strategies, and take the forensic students as the main research body to analyze with examples, in order to improve the quality and effectiveness of the construction of forensic students' study style, better adapt to the "Five education" for higher education development needs, further improve the quality of personnel training, and transport high-quality talents for our country's legal construction.

Keywords: Construction of academic style; Five education; Strategy analysis

Online publication: April 28, 2025

1. Introduction

"Five education" is a new concept of modern education development and construction, the fundamental direction of China's education reform in the new era, and a new talent training requirement. Colleges and universities should follow the pace of development of the era, build a multi-level, comprehensive and systematic style of study system based on "Five education" during the construction of students' style of study, and effectively promote the all-round development of students' comprehensive quality. To train qualified builders and successors for the construction of socialism with Chinese characteristics^[1].

2. Discussion of relevant concepts

2.1. The concept of "Five education" and the construction of the style of study

"Five education" is the modern education concept of the era and development of the performance, fully reflecting the students of the social value and personal development of the value of the unified requirements, showing the harmonious and free development of human and nature characteristics. The five aspects of "Five educations" simultaneously" refer to moral education, intellectual education, physical education, aesthetic education, and labor education, aiming to realize students' all-round development through five dimensions of moral guidance, intellectual education, physical education, aesthetic education and labor education practice^[2].

Student construction is a comprehensive educational management activity, which is more or less related to all levels of the school. It requires the school, students and teachers to create a good learning atmosphere in the learning process through environment, system, culture, and other means. It includes both soft environment, such as teaching attitude and educational principle, and hard environment, such as learning order and learning atmosphere. The construction of learning style has the characteristics of dynamic and systematic. On the one hand, the construction of learning style is not static, but constantly adjusted according to the development of the era and social needs. On the other hand, the construction of learning style is a complex project, which needs to involve various contents such as school management, teacher teaching, ideological and political work, so relevant departments need to make an overall plan.

2.2. The relationship between "Five education" and the construction of the style of study

There is a correlation between the teaching concept of "Five education" and the construction of study style, which makes the background of "Five education" a powerful boost to the construction of study style, and can further enhance the effectiveness of the construction of study style.

First, both the "Five education" and the construction of the style of study point to the cultivation of students, emphasizing the comprehensiveness of student development and college talent training. It is not only necessary to pay attention to students' professional ability and skills, but also to ensure the development of students' ability, and jointly commit to cultivating excellent new people of the era. Second, the "Five education" and the construction of the style of study are related to each other in the educational connotation. Higher education is a society-oriented education and a talent education for the development of the country. The concept of "Five education simultaneously" always runs through the people-oriented teaching concept and sticks to the original mission of educating people for the country. From this point of view, the construction of the style of study is the external manifestation of the education system with "five education and simultaneous education" as the core ^[3]. Thirdly, "Five education" and the construction of the style of study are the construction of the country for the development of college students, and highly matches the objective conditions needed to cope with the construction of study style. The two can learn from each other, and go forward hand in hand ^[4].

3. The value and significance of the construction of academic style in colleges and universities under the background of "Five education"

3.1. The necessity of the construction of a college-style of study

The construction of academic style has always been an important part of the development of colleges and universities. Although considerable achievements and progress have been made with the support of modern educational concepts and means, there are still many problems. How to effectively improve the quality of the construction of academic style and ensure its effectiveness in student development and personnel training is still under constant exploration and practice. There is a certain correlation between the implementation of the concept

of "Five education" and the construction of the style of study. The proposal and application of this idea have a positive impact on the construction of the style of study. Specifically, there are some problems in the construction of study style in colleges and universities, such as unclear value orientation, poor linkage of education subjects, and integrity and systematization of the construction system to be improved. The application of the concept of "Five education" in the construction of study style points out the development direction and speeds up the work process^[5].

First, the construction of academic style emphasizes many aspects. In the actual operation process, to ensure the balanced development of all aspects, there may be a problem of multiple parallel lines, but the main line is blurred, resulting in unclear orientation of education and difficult to play its real value. The "Five education" emphasizes the prominent role of moral education in the development of students, uses moral education to lead the development of students' ideas and beliefs, and optimizes the educational function in student construction.

Second, the construction of the style of study needs the concerted efforts of multiple subjects, such as teachers and students, full-time teachers and counselors, and other subjects should realize the interconnection and interoperability to ensure the construction and development of the joint efforts of education. However, at present, there is still a phenomenon of mutual alienation among various subjects, and they do not have a comprehensive and thorough understanding of their responsibilities and obligations, and have not formed a good pattern of making up for and complementing each other ^[6]. Due to the construction of performance and promotion, many teachers still attach importance to their work and ignore the construction of their study style. However, the background of "Five education" puts forward clear requirements for each subject, prompting the school to clarify the specific responsibilities and evaluation standards of each subject, so as to ensure the effectiveness of the construction of study style.

3.2. Feasibility of the construction of academic style in colleges and universities

First of all, national policies provide relevant guarantees. The teaching concept of "five education at the same time" is vigorously advocated by the state at the educational level. Based on this concept, the state attaches great importance to moral education, physical education, aesthetic education and labor education in addition to intellectual education of college students. It is comprehensive and multifaceted, and coincides with the requirements and concepts of the construction of academic style in colleges and universities, and plays an important role in the cultivation of students' abilities. Secondly, the education? reflects the teaching concept of comprehensive education, which can meet the requirements of diversified development of students, provide students with a richer and more novel learning experience, consistent with the overall planning of the construction of learning style.

Finally, "Five education" provides a new method and path for the construction of college-style of study ^[7]. On the one hand, the teaching concept of "Five education" can build a more perfect teaching evaluation system, shift the traditional teaching focus based on knowledge to capacity building and quality training, provide a necessary guarantee for the construction of study style, and promote the formation of a good study style. On the other hand, "Five education" can coordinate various subjects to provide more and richer resources for the construction of academic style in colleges and universities, such as linking the physical education department, art department, logistics department, etc., to realize the induction and integration of teaching resources, create a good learning atmosphere in an all-round way, and improve the effectiveness of the construction of academic style.

4. The realization path of the construction of academic style in colleges and universities under the background of "Five education"

4.1. Strengthen practical activities and expand comprehensive quality

Practical activities play an important role in promoting the construction of academic style in colleges and universities. They play a positive role in cultivating students' spirit of innovation, sense of social responsibility, and improving their ability to solve practical problems. They can enable students to deeply understand and apply professional knowledge in practical practice, broaden their view of major fields, and cultivate their awareness of deep thinking, exploration and application, thus forming good learning habits and atmosphere.

First of all, practice the characteristics of "five education" and construct theoretical courses. Forensic professional talent training is a systematic process. To better integrate into the requirements and concepts of "five education", teachers can help students improve their comprehensive qualities at all levels more systematically and comprehensively through the curricular form, and integrate the construction of learning style in the curricular process ^[8]. Moral education is the first of the five educations, which can be taken as the core content of the curriculum, supplemented by aesthetic education, labor education and other educational elements. Special courses can be created to help students learn related content in depth in the form of compulsory courses, to achieve individualized teaching and precise teaching. At the same time, teachers can also integrate the form of five education knowledge into the curriculum of forensic medicine, and cultivate students' correct worldview, life and moral values in an imperceptible way. After penetrating socialist core values and Marxist theory, only by laying a solid ideological foundation can they more actively participate in professional learning and create a good learning atmosphere ^[9].

Secondly, through the concept of "Five education," create practical projects. Social practice is also a powerful means to improve the effectiveness of the construction of students' style of study. Schools can create rich campus cultural activities and practical projects, so that students can improve the quality of "Five education" in practice and optimize the construction of study style in practice. The teaching of forensic medicine specialty has certain professionalism and particularity. In the construction of professional practice projects, we can start from the characteristics of the specialty, change the standards according to the requirements of the construction of study style, and set practical activities related to the professional development of students. Schools can also build targeted campus cultural activities according to students' learning needs. Based on comprehensive qualities of morality, intelligence, physical fitness, the United States and labor and professional development, diversified and multi-level practical activities can be set up to create a positive cultural environment on campus, guide students to form a good spiritual quality, and guide the formation of the construction of academic style. For example, the school can cooperate with the judicial authorities to carry out legal knowledge lectures and moot court activities, and then simulate the real legal environment for students with the help of virtual reality technology, and immerse themselves in learning legal procedures and ethical norms, so that students can improve their five education qualities and strengthen the construction of study style in practice ^[10].

4.2. Improve system construction and strengthen comprehensive management

The system is the cornerstone to ensure the continuous and steady progress of the construction of academic style. Perfect system construction is conducive to strengthening comprehensive management, further improving students' five education literacy, and thus promoting the construction of academic style in colleges and universities. This enlightens colleges and universities, in order to realize the deep integration of the "Five education" prospect and student construction, they should formulate clear rules and regulations for the

construction of study style, including student behavior norms, teacher team construction, and sound incentive and restraint mechanisms, so as to provide corresponding guidelines for students' study and life, and guide students and teachers to consciously strengthen the five education literacy through institutional guidance and restraint. Maintain a good academic atmosphere. The educational concept of "Five education" provides scientific and clear direction and ideas for the institutionalization of the construction of academic style^[11].

First, we should pay full attention to the value and significance of each subject in the construction of the style of study, and realize collaborative management based on the perspective of the subject. There are many subjects involved in the construction of the style of study, including not only students, but also teachers such as counselors, professional teachers and class teachers, as well as students' parents, students' party building organizations, and off-campus education resources. Scientific planning should be carried out for each subject to better gather the joint force of the construction of the style of study.

Second, we should pay attention to the integration of "Five education" and professional teaching. "Five education" involves many aspects, which is also a process of mutual coordination and dynamic integration. Teachers should coordinate these aspects to achieve mutual integration with forensic science courses, so that students can realize the integration and penetration of "Five education" under the guidance of all aspects, the whole process and all staff, and help the construction of academic style in colleges and universities ^[12]. In the specific practice process, the school level should give full play to the advantages of top-level design and overall consideration, integrate the construction of learning style into the system construction, and run through the integrated process of teaching, management and service, so that students, faculty and even off-campus education organizations can clearly define their responsibilities, and form a education pattern with clear division of labor and joint management. In order to strengthen the teaching quality assurance system, teaching evaluation and other aspects of the study style construction and "Five education" of the linkage and integrity, to promote the formation of an excellent campus culture.

4.3. Build a network system to achieve multi-party interaction

In the process of the construction of college students' style of study, it is necessary to involve multiple subjects, and strengthening the interconnection of multiple subjects is conducive to promoting the circulation and sharing of information, enhancing the cooperation and cooperation among various subjects to jointly promote the indepth development of the construction of style of study.

First of all, the school level can make use of the teaching concept of "curriculum thinking and politics", integrate moral education into professional teaching, build a teacher team of ideological and political teachers and professional teachers to cooperate, and promote the significance and value of "Five education" in the construction of study style. Ideological and political teachers can help professional teachers to integrate targeted ideological and political education content in the professional teaching process. It can also realize the linkage between ideological and political teachers and counselors, carry on continuous penetration to students in daily life, create a dynamic talent training model, and improve the effectiveness of the construction of learning style ^[13].

Secondly, in order to further enhance the depth and breadth of "Five education" in the construction of the style of study, colleges and universities can also rely on the network, across the boundaries of time and space, to build a network system with the characteristics of the era. The advantage of taking the network as a new education and teaching position is that the diversity and richness of network resources can help students broaden their horizons. Intelligent teaching methods such as online learning and communication, and discussion can bring students a more novel teaching experience, better stimulate students' learning enthusiasm, initiative, and

creativity, and build a more information-based education matrix with the characteristics of the era. It should be noted that the network is always a double-edged sword. While applying the network teaching, teachers should enhance students' awareness of self-education and self-management, correctly understand the network world, strengthen students' awareness of network civilization and academic integrity, and let the network play a positive role in the construction of learning style ^[14].

5. Conclusion

To sum up, the construction of academic style has a close and direct connection with the growth of each student. As practitioners of the future legal career, as an important defender and executor of national development and construction, forensic students should pay more attention to the quality of training and the construction of academic style. The construction of academic style in colleges and universities is a long-term, complex, and systematic project, and the time path also shows the characteristics of multi-forms and multi-carriers ^[15]. "Five education" is a new direction of education and teaching reform in recent years, emphasizing the comprehensive development of students' comprehensive ability, which is a new turning point for the construction of college study style to realize the development of colleges and universities. Strengthening the construction of the style of study against the background of "simultaneous development of the Five education" is an inevitable way for the development of education and the era. Colleges and universities should deeply interpret the concept and correlation of "Five education" and the construction of the style of study, rely on the actual situation of the education work in colleges and universities, deeply analyze its feasibility and necessity, explore the realization path, innovate construction methods, and optimize the work system of the construction of the style of study. To contribute wisdom and strength to the realization of high-quality development of higher education, and to cultivate high-quality talents with both morality and talent for the Chinese dream of the great rejuvenation of the Chinese nation.

Disclosure statement

The author declares no conflict of interest.

References

- [1] Xiao X, Li Z, 2024, Exploration on the Construction Path of Academic Style in Colleges and Universities from the Perspective of "Three Whole Education." Popular Literature and Art, 2024(23): 154–156.
- [2] Li T, Zheng G, 2024, Three Applied Academic Discipline Construction in the Concept of the Whole Education Community Path to Explore. Journal of Jinzhou Medical University (Social Science Edition), 22(6): 90–93 + 97.
- [3] Li B, Jiao Y, 2024, Research on the Construction Strategy of Academic Style in Higher Vocational Colleges—Based on the Concept of "Four Qi and Five Taste." Journal of Beijing Vocational College of Political Science and Law, 2024(4): 111–114.
- [4] Sun W, 2024, The Synergistic Development of Scientific Research Education and Study Style Construction: The Logical Path and Integration Path. Modern Education Science, 2024(6): 59–65.
- [5] Xiong S, 2024, Analysis on the Path of Study Style Construction in Higher Vocational Colleges from the Perspective of "Five and Education Simultaneously." Modern Vocational Education, 2024(31): 81–84.

- [6] Zhou M, 2024, Exploration and Practice of the Construction of Academic Style in Colleges and Universities from the Perspective of "Three Whole Education." China Transition from Military to Civilian, 2024(19): 175–176.
- [7] Yang M, Deng L, 2024, Construction of Academic Style Construction Model in Higher Vocational Colleges under the Concept of "Three All Education." Academy of Education, 17(27): 60–62.
- [8] Tian G, Li T, 2024, Study Style Construction into the Comprehensive Reform of "Three Full Education." Reference for Middle School Political Teaching, 2024(36): 17–19.
- [9] Lin Y, Wang W, 2024, Hot Spots and Inspirations on the Construction of Academic Style in Chinese Universities: Based on Knowledge Graph Visualization. Journal of Anhui Electronic Information Vocational and Technical College, 23(3): 104–110.
- [10] Hu S, 2024, Optimization Path of Academic Style Construction in Colleges and Universities under the Pattern of "Great Thinking and Politics." Taste · Classics, 2024(15): 98–101.
- [11] Xu L, Liu Z, 2024, Spirit into the Practice of the Construction of the Academic Discipline Path. Modern Trade Industry, 2024(14): 120–122.
- [12] Xing J, Hao G, 2024, Research on Long-Term Mechanism of Academic Style Construction in Universities Based on the Concept of "Three Whole Education." University Education, 2024(10): 18–22.
- [13] Li J, 2024, Higher Vocational Colleges Based on the Concept of "Education and" Style of Study Construction Path. Industrial Technology and Vocational Education, 22(2): 99–102.
- [14] Chang F, 2024, Research on the Construction of Academic Style in Colleges and Universities under the Concept of Three Educations—A Case Study of a University in Wuhan. Modern Trade Industry, 2024(10): 238–240.
- [15] Deng Y, 2024, Research on the Characteristics and Path Innovation of Academic Style Construction in Colleges and Universities from the Perspective of "Three-Whole Education." Peking University Press Co., LTD. Proceedings of the Seminar on College Counselor Team Construction in 2024, Nanchang Hangkong University, 5.

Publisher's note

Bio-Byword Scientific Publishing remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.