

# The Application of Artificial Intelligence in Daily Life: A Preliminary Exploration of Machine Learning

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**Abstract:** This paper delves into the application of artificial intelligence in daily life and the basic concepts of machine learning. Firstly, the concept and background of artificial intelligence were introduced, as well as machine learning as an important branch of artificial intelligence. Subsequently, the specific applications of artificial intelligence in daily life were elaborated, including intelligent voice assistants, recommendation systems, as well as image recognition and facial recognition technologies. Subsequently, a preliminary exploration was conducted on the basic concepts of machine learning, including paradigms such as supervised learning, unsupervised learning, and reinforcement learning, as well as common algorithms such as linear regression, logistic regression, decision trees, and support vector machines. Finally, the application of artificial intelligence in daily life and the basic concepts of machine learning were summarized, and the development trends and future prospects of artificial intelligence technology were discussed, as well as the possibility of guiding readers to continue in-depth learning and exploration in the field of artificial intelligence.

**Keywords:** Artificial intelligence; Machine learning; Development trends

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## 1. Introduction

In today's digital age, artificial intelligence has become an indispensable part of our daily lives<sup>[1]</sup>. Artificial intelligence, as a technology field that covers a wide range of applications, is changing our way of life, business models, and social structures at an unprecedented speed. Artificial intelligence can be simply understood as the technology that enables computer systems to exhibit intelligent behavior<sup>[2]</sup>. This intelligent behavior can manifest as mimicking human perception, learning, reasoning, and decision-making abilities, as well as the ability to perform tasks in specific domains. Although the concept of artificial intelligence was proposed in the 1950s, it was not until recent years, with the enhancement of computing power, the explosive growth of data, and the continuous improvement of algorithms, that artificial intelligence began to truly flourish.

Among the many technological branches of artificial intelligence, machine learning is one of the most

important and popular fields, attracting attention from various industries. Machine learning enables computer systems to learn patterns and patterns from data, enabling them to perform specific tasks without the need for explicit programming instructions. This data-driven learning approach enables computers to demonstrate amazing flexibility and efficiency in processing complex tasks, which has become one of the core driving forces in artificial intelligence technology. The development of machine learning not only promotes the application of artificial intelligence in various fields but also provides new ideas and tools for solving complex problems in the real world. In the following paper, we will delve into the specific applications of artificial intelligence in daily life, and provide a preliminary introduction to machine learning as a key technology and theory of artificial intelligence, exploring its principles, algorithms, significance, and challenges in practical applications.

## **2. Application of artificial intelligence in daily life**

In today's society, artificial intelligence has penetrated every aspect of our daily lives, including but not limited to intelligent voice assistants, recommendation systems, and applications such as image recognition and facial recognition technology. The application of these technologies not only provides us with convenience, but also brings more possibilities and fun to our lives.

### **2.1. Intelligent voice assistant**

Intelligent voice assistants such as Siri, Alexa, Google Assistant, etc. have become indispensable partners in our daily lives. Whether through mobile phones, smart speakers, or other smart devices, we can interact with them at any time using voice to obtain information, control devices, schedule schedules, and more.

These intelligent voice assistants have a wide range of application scenarios. For example, when we need to understand weather conditions, check traffic routes, and remind ourselves of schedules, we can simply do it through voice commands. The key to achieving these functions lies in speech recognition and natural language processing technology.

Through machine learning technology, intelligent voice assistants can learn from massive amounts of speech data, continuously optimize their speech recognition models, and accurately recognize user commands in different environments and speech qualities. Meanwhile, natural language processing technology enables intelligent voice assistants to understand users' intentions and respond appropriately based on context.

This machine learning based speech recognition and natural language processing technology not only improves the accuracy and response speed of intelligent voice assistants but also provides us with a more natural and convenient way of human-computer interaction, greatly improving our life experience<sup>[3]</sup>.

### **2.2. Recommendation system**

Recommendation systems play an important role in various Internet applications such as e-commerce platforms and music platforms. It analyzes users' historical behavior, preferences, and interests to recommend products, music, videos, and other content that they may be interested in, thereby improving user satisfaction and loyalty, and promoting the completion of transactions.

The core of a recommendation system lies in a deep understanding of user behavior and product information, and machine learning algorithms are key tools to achieve this goal. Among them, collaborative filtering and content filtering are two commonly used recommendation algorithms.

The collaborative filtering algorithm analyzes user behavior data, discovers the similarity of interests between users, and recommends content that other users like to users. The content filtering algorithm recommends content that matches the user's historical behavior by analyzing the attributes of the product and the user's preferences.

Through these machine learning algorithms, recommendation systems can continuously learn and optimize recommendation strategies to better meet users' personalized needs, increase platform activity and user retention.

### **2.3. Image recognition and facial recognition technology**

With the popularity of smart devices such as smartphones and smart door locks, image recognition and facial recognition technology have gradually become a part of our daily lives. Whether it is automatic face recognition and unlocking in social media applications, or scene recognition and beauty functions in smart camera applications, image recognition technology plays an irreplaceable role.

Behind image recognition and facial recognition technology, deep learning algorithms such as Convolutional Neural Networks (CNN) play an indispensable role. These algorithms can learn features from massive image data, continuously extract and optimize image feature representations, thereby achieving accurate recognition of images and faces.

Through image recognition and facial recognition technology, we can easily manage personal information, ensure security, and enhance user experience. However, it is also necessary to pay attention to personal privacy and data security issues to ensure the reasonable and secure use of these technologies.

In summary, applications such as intelligent voice assistants, recommendation systems, and image and facial recognition technologies have deeply penetrated our daily lives, constantly bringing us convenience and fun, while also demonstrating the important position and potential of machine learning in the field of artificial intelligence.

## **3. Basic concepts, common algorithms, and learning resources of machine learning**

In exploring the world of artificial intelligence, machine learning is a core concept that enables computers to learn from data and autonomously improve performance without the need for explicit programming. This section will provide a preliminary exploration of the basic concepts, common algorithms, and learning resources of machine learning.

### **3.1. Basic concepts of machine learning**

Machine learning is a branch of artificial intelligence that aims to enable computers to autonomously learn and improve performance by learning and analyzing data <sup>[4]</sup>. Unlike traditional programming, machine learning does not require developers to explicitly specify all rules and logic, but rather learns patterns and patterns from data, allowing the system to make decisions and predictions autonomously.

Traditional programming typically involves developers writing code based on the logic and rules of a problem to implement specific functionalities. In machine learning, developers need to provide data and corresponding labels, allowing machines to learn patterns from the data and make predictions and decisions based on the learned patterns. This data-driven learning approach makes machine learning more flexible and intelligent.

Machine learning can usually be divided into three paradigms: supervised learning, unsupervised learning, and reinforcement learning.

Supervised learning: In supervised learning, algorithms learn from labeled data to establish a mapping

relationship between input and output. Common applications include classification and regression problems.

**Unsupervised learning:** In unsupervised learning, algorithms can only learn from unlabeled data and discover the intrinsic structure and patterns of the data. Common applications include clustering and dimensionality reduction.

**Reinforcement learning:** In reinforcement learning, algorithms learn through interaction with the environment to maximize a certain cumulative reward. Common applications include intelligent gaming and robot control.

## **3.2. Overview of machine learning algorithms**

**Linear regression:** Linear regression is a fundamental statistical method used to establish a linear relationship between input features and continuous outputs <sup>[5]</sup>. In a linear regression model, it is assumed that there is a linear relationship between the independent and dependent variables, and the best-fitting line or plane is determined by minimizing the difference between the predicted and actual values. This model is commonly used for prediction and regression analysis.

**Logistic regression:** Logistic regression is a statistical technique widely used in classification problems. Unlike linear regression, logistic regression is used to solve problems with discrete outputs (binary classification) and is typically used to predict the probability of events. It maps the results between 0 and 1 through linear weighting and logical transformation of input features for classification prediction <sup>[6]</sup>.

**Decision tree:** A decision tree is a classification model based on a tree structure, which classifies inputs through a series of decision nodes and leaf nodes. In the decision tree model, a tree structure is generated by gradually dividing features, where each node represents an attribute test and each leaf node represents a category.

These algorithms each have their own characteristics and are suitable for different types of problems and data <sup>[7]</sup>. Developers can choose the appropriate algorithm to solve the problem according to specific situations.

## **3.3. Machine learning tools and resources**

### **3.3.1. TensorFlow and PyTorch**

TensorFlow is an open-source machine learning framework developed by Google, providing a wealth of tools and libraries that support the implementation and deployment of various machine learning and deep learning algorithms.

PyTorch is another popular deep learning framework developed by Facebook, and its flexibility and ease of use have made it the preferred choice for many researchers and engineers <sup>[8]</sup>.

### **3.3.2. Open datasets and online courses**

Platforms such as Kaggle and UCI provide rich open datasets for developers to use and explore. Online learning platforms such as Coursera and Udacity offer a variety of high-quality machine learning courses to help learners systematically learn and master the fundamental theories and practical skills of machine learning.

These tools and resources provide developers with rich learning and practical opportunities, making the learning process of machine learning more efficient and enjoyable <sup>[9]</sup>.

Through the introduction in this section, we have gained a preliminary understanding of the basic concepts, common algorithms, and learning resources of machine learning, laying the foundation for further exploration of the world of artificial intelligence.



## 4. Conclusion and prospects

In this article, we delve into the application of artificial intelligence in daily life and the basic concepts of machine learning. Artificial intelligence technology has penetrated various aspects of our lives, such as intelligent voice assistants, recommendation systems, and image and facial recognition technologies, providing us with a more convenient and intelligent way of life<sup>[10]</sup>.

Through the introduction of machine learning, we learned about different learning paradigms such as supervised learning, unsupervised learning, and reinforcement learning, as well as common machine learning algorithms such as linear regression, logistic regression, decision trees, and support vector machines. These algorithms have their own characteristics and have different applicability in different problems and data situations.

However, the development of artificial intelligence technology will never stop. With the continuous improvement of computing power, the increasing amount of data, and the continuous improvement of algorithms, artificial intelligence technology will usher in a broader development space. In the future, we can look forward to the application of artificial intelligence technology in more fields such as healthcare, education, and transportation, bringing more innovation and change to human society.

When facing the rapid development of artificial intelligence technology, we should also be aware of the challenges and problems it brings. Issues such as data privacy, algorithm fairness, and human-machine relationships require our continuous attention and resolution. At the same time, we also need to constantly improve our skills and cognition to better adapt to the arrival of the artificial intelligence era.

Finally, I hope readers can continue to delve deeper into learning and exploring the possibilities in the field of artificial intelligence. Whether engaged in research and development of artificial intelligence technology or applying artificial intelligence to solve practical problems, it will contribute to promoting the development and application of artificial intelligence technology. Let's welcome the arrival of the era of artificial intelligence together and create a better future!

## Disclosure statement

The authors declare no conflict of interest.

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