

In The Clinical Practice of Active Implementation of Chinese Medicine Care Technology Experience

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ABSTRACT

Traditional Chinese medical is an excellent method for ill treatment. It is the crystallization of ancestral wisdom, and traditional Chinese medical care is an important part of Chinese medical hospital treatment. It has its own unique nursing theory and specific methods of operation. It can be said that Chinese medicine is Chinese medicine treatment work for a life extension, has simple and convenient, cheap and effective features. A lot of nursing measures do not have to use too much mechanical equipment, which is safe and simple. Based on this, this article will focus on the analysis of clinical practice in the active implementation of traditional Chinese medicine care measures, with a view to the future practical work can play a reference role.

Introduction

1 The clinical practice of the implementation of traditional Chinese medicine care technology significanc

1.1 Focus on the meaning of the overall concept

The human body and their natural and social environment are closely related, so human long-term in the adaptation and transformation of natural contradictions in the production of life, to maintain their own life and body. Can be said that people and nature is a mutual influence of mutual relations. The Chinese medicine care work is based on this Yang under the premise of a more emphasis on the overall health of patients, standing in the overall situation, the various organs and physiological conditions and organizational anatomy and so on to achieve unity and achieve the human and natural environment and social environment harmonization.

1.2 Emphasizing the meaning of dialectical protection

One of the core ideas of Chinese medicine care is the dialectical protection, which mainly refers to the actual

work through the hope, smell, ask, cut and so on to the patient's clinical data to collect, and then carefully analyze the patient's disease and the nature of the disease and the causes of illness and so on, to give targeted patients with Chinese medicine care according to patient's actual condition. In this one, because the physical condition of the human body will be affected by the genetic and post-environment and so on factors, so through the analysis of various factors, a comprehensive analysis of the disease and effective care. The traditional Chinese medicine nursing syndrome differentiation mainly stressed that "the same disease with different treatments" and "the different disease with the same treatment".

2 The clinical practice of active implementation of traditional Chinese medicine care technology measures

2.1 To strengthen personnel training

In the application process of Chinese medicine care technology, we should effectively optimize the nursing personnel training structure, and actively develop the knowledge-based all-around type of nursing talents. In

the hospital to adjust the origin of nurses, to increase the recruitment of college graduates, to achieve the proportion of Chinese medicine nurses in the hospital. In Western medicine institutions, but also to strengthen the basic knowledge of students of Chinese medicine education and teaching, to strengthen its clinical application of Chinese medicine care technology training, in order to effectively improve the overall level of hospital care workers.

2.2 Regularly carry out standardized Chinese medicine training

According to the spirit of the “Guidelines for the Management of Chinese Medicine Hospital Management”, students of Western Medicine Colleges are required to carry out more than 100 hours of basic knowledge of Chinese medicine care and technical skills training, and as one of the annual inspection methods, but at this stage of the actual situation of many hospitals in China, many hospitals have not reached this standard. As a lot of knowledge of traditional Chinese medicine care theory are more abstract and more esoteric, so the application of pure knowledge on the book cannot be well adapted to the real work to go, so the realization of hospital care staff on the traditional Chinese medicine care is particularly important, which must get our attention. Secondly, we should strengthen the research on the theory of Chinese medicine nursing technology knowledge, take a proactive study of academic research, and then through the publication of articles and so on to achieve the dissemination of knowledge results.

2.3 To strengthen communication

For the application of Chinese medicine care technology, in the work to strengthen the communication between doctors and nurses’ and doctors and patients’ communication. Doctors should actively promote Chinese medicine care technology so that patients can better understand and apply Chinese medicine care technology, and nurses should be in strict accordance with the doctor’s advice to further optimize the Chinese medicine care technology and its rational application to ensure the efficiency of the upgrade.

3 Technical application examples

To the practice of orthopedic treatment in orthopedic surgery, for example, the specific nursing measures are: 1) Orthopedic patients in hospital care, standing on the perspective of Chinese medicine care, the patient must achieve continuous care. The care management staff can be in accordance with the actual needs of patients need to develop a flexible system of flexible scheduling, in the holidays or arrangements for staff on duty. For the patient’s diet, Chinese medicine care workers should be in strict accordance with the patient’s own and their physical fitness, effective planning of the patient’s diet. To encourage patients with hot Yin eat more food that

promotes the secretion of saliva to improve in Yin and disallowed to eat warm, fragrant property’s food. And for some easy to irritated or troubled patients, we need to do a good job of their emotional adjustment, the use of a variety of ways and communicate with the patient to guide, to ensure their feelings of pleasure. To the patients on a regular basis for Chinese medicine care technology knowledge theory to explain. 2) Followed by Chinese medicine fumigation, orthopedic trauma treatment and microwave treatment, which is commonly used in traditional Chinese medicine care. Chinese herbal medicine fumigation mechanism is mainly the use of Chinese herbal medicine fumigation method to reduce the daily or injection of drugs to the patient’s stomach and other stimuli, and through heat conduction to accelerate the absorption of drugs. Orthopedic patients commonly used fumigation drugs are promoting blood circulation, Warming and activating meridian, including the sea pond skin, myrrh, frankincense and speranskia grass and so on. Patients can fumigation in the limb a day or soaked with alcohol-related drugs, to rub the affected area.

4 Conclusion

All in all, Chinese medical treatments are excellent ill treatment methods, such as massage, cupping and moxibustion, scraping and so on the treatment, these treatment methods are relatively small trauma, and the effect of low cost, these traditional Chinese medicine care measures are direct the role of sex in the disease ontology, and drug treatment methods compared to the body can achieve effective adjustment of physiological functions in order to achieve the treatment of human diseases and the usual health care work. This also requires us in the future of the actual work must be further study of its realization.

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