

Research and Analysis of Latin Dance in Primary and Middle Schools in Guangzhou

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Abstract: Based on the sample survey of Latin dance in primary and secondary schools in Guangzhou, and the analysis of the relevant restricted factors, and combining with the current situation of economy and education in Guangzhou this paper puts forward some suggestions to improve Latin dance activities in primary and secondary schools in Guangzhou.

Keywords: campus group dance; Primary and secondary schools; Current situation.

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Latin dance origin is fairly complex, its each dances that originated in different countries and have different background, history and development, but the majority comes from the American regions, these are also the fusion of three cultural fusion, known as the one of the major categories of sports dance in China. Five dances of Latin dance have their own style, Samba is passionate, Cha-cha is very lively, Rumba is graceful, Paso Doble is powerful, Jive is funny. Latin dance formally apply to the Olympic Games on November 12, 2014, is now the approval stage, Latin dance the event WDSF association will choose different locations around the world members every year. With the reform and opening, Latin dance gradually entered the campus, students love it, at the promotion situation has always been one of the focuses of the education department, sports dance experts. But overall, the complete system of campus Latin dance has not fully established yet, this study try to conduct a full investigation on the promotion present situation in Guangzhou primary and secondary school campus, combined with the Guangzhou economic and education present situation,

propose the feasible suggestions, so as to provide some reference for the theory and practice for promoting campus Latin dance more effectively in Guangzhou and even the whole country middle and primary schools.

1 Research object and method

1.1 Research object

According to the research needs, under the classified sampling principle it was adopted to select 8 districts of Guangzhou, including Yuexiu, Haizhu, Tianhe, Baiyun, Huangpu, Liwan, Luogang and Nansha, 3 middle schools were selected from each district including one provincial level, one city level and one for ordinary level, totaling 56 (some district level schools did not meet the expected required numbers). There are altogether 54 primary schools, 3 provincial level, 2 city level and 2 district level per district. A total of 110 schools were surveyed as research units in questionnaire. (see table 1 for specific statistics)

Table 1 Statistical table of the number of investigation and research units

	Provincial level		City level		Ordinary		Total
	Middle	Primary	Middle	Primary	Middle	Primary	
Yuexiu	3	3	3	2	3	2	16
Haizhu	3	3	3	2	3	2	16
Tianhe	3	3	3	2	3	2	16
Baiyun	3	3	3	2	3	2	16
Huangpu	2	3	0	2	2	2	11
Liwan	3	3	3	2	3	2	16
Luogang	1	2	1	2	1	2	10
Nansha	0	2	3	2	1	2	11
Total	18	22	19	16	19	16	110

The questionnaire after validity and reliability test was

distributed and recovered, and reasonable distribution was made among different districts and primary and

secondary schools in Guangzhou. See table 2 for details of distribution and recovery:

Table 2 Statistics on the distribution and recovery of questionnaires

Category	Issue number	Recovery number	Effective number	Effective recovery rate
Schools	Middle Primary	Middle Primary	Middle Primary	Middle Primary
Teachers	150 180	144 178	144 170	96% 95%
Students	200 380	195 372	192 368	96% 97%

1.2 Research method

Field investigation, questionnaire, literature reference, data statistics and logical analysis, etc.

2 Research results and analysis

2.1 The investigation and analysis of the condition for promoting campus Latin dance

2.1.1 The hardware conditions

By investigating on sports playgrounds, equipment and investment situation of school sports funds to see whether it meets the requirement of campus group dance activities, the results showed: The campus in Guangzhou can completely and basically meet the requirements of Latin dance teaching and promoting is as high as 89.7%, this shows that most of the primary and middle schools in Guangzhou campus have hardware condition of Latin dance activities. In terms of sports fund input, 48.2% of the schools were sufficient, 28.2% were relatively sufficient, and 11.6% of the schools could not meet the sports fund expenditure. It can be seen that most schools' investment in sports funds can meet the needs of physical education teaching and activities, and there are still a small number of schools' sports funds cannot.

2.1.2 The software conditions

According to the survey on whether P.E. teachers have Latin dance teaching ability, 35.2% of P.E. teachers basically have Latin dance teaching ability, 10.3% of P.E. teachers have fully Latin dance teaching ability. If we want to achieve better teaching results, we must strengthen physical education teachers to go out for art projects' training.

2.2 Investigation and analysis of campus Latin dance situation

2.2.1 The use of Latin dance teaching materials and teaching content

In the early stage of research, the author specially

visited Guangzhou education bureau and social training institutions, and made a preliminary understanding of the current situation of Latin dance development in Guangzhou campus. Guangzhou education bureau did not unify campus Latin dance regulations and movements. At the same time, "Guangzhou sports dance and cheerleading competition" was also held, which greatly stimulated and promoted the professional level of P.E. teachers.

2.2.2 Latin dance teaching and exercise schedule

According to the survey results, 80.3% of the schools teach Latin dance in P.E. class, only 7.2% of the school's music class, and 2.5% of the schools do not promote and teach Latin dance because lack of the venues and teachers. Further investigation shows that some schools arrange Latin dance in the period of exercise between classes, a small number of schools arrange it as extra-curricular activities.

2.2.3 Teaching evaluation of Latin dance

1) Students' learning evaluation

According to the survey, more than half of the students think it is good to learn campus Latin dance. The rest feels slightly difficult; Only 6.6% of them are struggled. It indicates that students in primary and secondary schools in Guangzhou are more easily to accept it.

2) Evaluation of teachers' teaching effect

According to the questionnaire survey of students, only 7.7% of the students think the teaching ability of physical education teachers is very high, 42.3% of the students think the teaching effect of teachers is good, up to 42.8% of the students think it is very ordinary, and even 7.2% of the students deny the teaching ability of teachers. It shows that the Latin dance teaching ability of P.E. teachers in primary and middle schools in Guangzhou needs to be strengthened.

2.2.4 Latin dance performance and competition situation

An activity tends to promote the development of a project, especially a sports project. By organizing

various kinds of competitions, it often leads to the initiative and enthusiasm of people to participate in activities.

According to the survey of school performance evaluation activities, 50.2% of schools hold the performance once a school year, 33.1% of them hold once a semester, 3.3% hold it irregularly, and a small number of schools never hold it. It is generally believed by teachers and students that the competitions can promote the development of Latin dance activities and improve the quality of exercise between classes.

2.3 An investigation and analysis of the attitudes of teachers, students and parents in Guangzhou primary and middle schools towards group dance in schools

2.3.1 Investigation and analysis on the approval degree of physical education teachers on campus group dance

A survey on whether physical education teachers in primary and secondary schools in Guangzhou think it is necessary to carry out campus Latin dance: up to 83.4% of teachers hold a positive attitude, 13.8% of teachers think it is unnecessary, and only 3.8% of teachers think it is unnecessary. This shows that most P.E. teachers recognize the functional value of campus Latin dance activities.

2.3.2 Investigation and analysis of students' interest in campus Latin dance

The physical and mental development of primary school students is still in the immature stage, which needs the correct guidance of teachers and parents.

According to the past practice and investigation, physical activity is one of the effective means to treat depression and anxiety, as well as an important way to maintain or improve mental health and eliminate mental illness. Physical activity as a means of psychological treatment and mental health has been popular in foreign countries. How to use sports activities to promote the effect of mental health, for students' mental health, social adaptability development is an important task in the new curriculum standards. The study of campus Latin dance has played a positive role in promoting the mental health for school students

According to the survey on students' interest in learning, only a few students are very interested and not interested, accounting for 8.6% and 8.8% respectively. Students who are generally and initially very interested

but less interested with the time goes by occupy 82.6%. However, these students can be encouraged by physical education teachers by improving their teaching ability and teaching methods. The survey results are very favorable for the campus Latin dance activities.

2.3.3 Survey and analysis of parents' acceptance of campus Latin dance

According to the student survey, only 5% of the students did not want to participate in the Latin dance activity because their parents objected. This shows that Guangzhou parents are in the coastal open city, in the concept of most parents are more open, willing pay more attention to the way and method of education. Campus Latin dance, in fact, not only let students gain more pleasure and interest, students can also extent to break the barriers for male and female students. They can communicate the correct contact through this activity, also can improve the students' personality, this brings a great benefit to set up correct concept of gender.

3 Suggestions

3.1 Change the thinking set under the exam-oriented education system -- abandon the utilitarian psychology that pays too much attention and only cares about the score, reduce the over heavy schoolwork burden of students, and truly realize that the goal of education is to cultivate people who are physically and mentally healthy

3.2 It is suggested that the school leaders increase the investment in sports funds and arrange the campus group dance in a centralized or decentralized way according to the venue, weather, sports activity plan during the break and extracurricular sports activity plan. The contents and forms of exercise between classes should keep pace with The Times, innovation, in combination with the practical situation of themselves and the schools gradually formed with the characteristic of school-based recess activity patterns, merge students favorite sports, exercise between classes must carry on the project in the rotation, regularly or irregularly to a wide range of rotation and need to be convenient and fast.

3.4 We should strengthen adolescent education and mental health education, and establish a complete and effective curriculum for adolescents' physical and mental health -- 《health education》. Health education covers the comprehensive cultural knowledge such as

anatomy and physiology knowledge, sex knowledge, adolescent psychology, reasonable diet, exercise and health, disease prevention, etc., and should be taught by specials and strict class hours to ensure the orderly implementation of this course

3.5 With the help of social sponsorship and sports, we will further improve the organization and continue and expand the scale of "Latin dance competition for middle school students in Guangzhou", so as to drive the establishment of sports dance clubs in various schools, attract more students to participate in it and improve students' physical quality.

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